



# Weekly Revision Timetable

	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM	8 - 9	Wake up, have breakfast and get ready						
	9 - 9.15	Decide your goals for the day and make a to do list						
	9.15 -10							
	10.15- 12							
	12.15 - 13							
		Lunch						
PM	13.30 - 14.15							
	14.30 - 15.15							
	15.15 - 15.45	Go for a short walk						
	15.45 - 16.30							
	17.45 -18.30							
	18.30 -18.45	Review your progress and plan for tomorrow						



# Weekly Revision Timetable

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
17.00-18.00	<b>Get home from work/other commitments and reset</b>						
18.00-18.30	<b>Decide your goals and make a to do list</b>						
18.30-19.15							
19.15- 20							
	<b>Dinner</b>						
21.00-21.45							
21.45-22.30							
	<b>Review your progress and plan for tomorrow</b>						